

Workshop at Wangi Workers Camera Club (Wangi Workers Club, Wangi Wangi)
on Monday 22 January 24 at 7.00pm

Self Portraits

"Self Portrait Photography as an Exploration of Self"

In this workshop we will be delving into a genre of photography which many are not comfortable with.

I have been creating images of this type over many years and have developed different concepts and techniques over this time.

You can use this workshop as inspiration to produce new images for club or external competitions or just to share with family or friends.

I will be showing a presentation running through the entire process which includes all of my self portrait images over the years as examples.

We will be covering:

Equipment needed

Camera set-up

Lighting set-up

Light

Backgrounds

Posing

Concept creation

Use of props

Imagination

I will show you some of the lighting equipment I use in my Home Studio.

My aim from this workshop is for you to not just take a straight self portrait but to explore yourself to the level where you can create a very different image of yourself. It can be a liberating experience to release a side of yourself not many others see.

Everyone is welcome

As an adjunct to this workshop, I am running a double workshop at the Martinsville Studio on an as needs basis. The first workshop of six people is now filled. Others will be scheduled as needed.

To participate in the Workshop Series at Martinsville Studio, it is a prerequisite that participants MUST have attended the Self Portrait Workshop at Wangi.

Workshop Series on Lighting and Portraiture

Must have six participants who have the willingness to step out of their comfort zone and have some fun.

The first requirement is that each participant must have seen the Club Tutorial – **Self Portraiture as an Expression of Self**.

This Tutorial is being presented at Wanqi Workers Camera Club on Monday 22nd January 2024 at 7pm.

Everyone from other clubs welcome.

There will be two workshops to be held at the Martinsville Studio. They will be held on consecutive weeks. Workshops will be held midweek with six people agreeing on dates. Sessions will be approx. 4 hours each.

The six participants will be split into three pairs.

There will be three stations.

1. Studio Lights (constant lighting)
2. Natural Light
3. Combination of Natural Light or constant light and Flash (speedlights), useful for stopping movement

Session One will be all about Self Portraits.

The first 30 minutes will be spent learning the lights and the way lighting plays on the subject.

The Club Tutorial – *Self Portraiture as an Expression of Self* will be the inspiration for you to prepare costume/s, props etc and to come up with unique ideas for your self portrait.

There is a makeup and change room. I will bring some stage makeup for creating effects like black eyes, bruises, dirt marks etc.

There is a toilet and Tea/Coffee facilities and a fridge.

You will have 30 minutes at each station to complete your shots. The second person in each pair is there purely as an assistant and in this instance will not be involved in taking the shot or suggesting lighting set ups.

I would like each person to come up with their own light set up and posing ideas to create their unique Self Portrait. **Experimentation is key** here so you can learn about light and to prepare you for Session 2.

After 60 minutes at one station, the pairs will rotate to the next station.

Equipment – Apart from camera, you will need a tripod, remote shutter release (if not, use self timer on camera). Know how to use these before coming. You will need to bring a seat and or stool.

A stool is handy to use when doing half body or head shots. And this will prevent the need to refocus the camera.

Session Two will be about photographing Models.

We will have three models with varying degrees of experience. There may be a model who has no experience and this will give an opportunity for both photographer and model to learn about communication and posing.

The stations will be the same or similar to the ones used in the Self Portrait workshop so you will be familiar with the set up.

As with Session One, there will be a 30 minute period to explain the requirements of working with models and to give the models time to prepare.

You will again be working in pairs with 30 minutes each at each station with one model and then moving to the next station with the next model.

I shall let you know beforehand who the models are and any themes they will use. If you have any props or ideas, bring them along. After Session One, you will have developed some posing ideas to use with the models.

This session will also last for approx. four hours.

Bring a chair or stool to sit when you are not shooting.

Fees for All sessions

Total cost - \$125 p/p payable via PayPal in advance.